

## PROLIA® REMS PATIENT GUIDE

## What is Prolia®?

Prolia® (denosumab) is a prescription medicine used to:

- Treat osteoporosis (thinning and weakening of bone) in women after menopause ("change of life") who:
  - Are at high risk for fracture (broken bone)
  - Cannot use another osteoporosis medicine or other osteoporosis medicines did not work well
- Treat to increase bone mass in men with osteoporosis who are at high risk for fracture
- Treat bone loss in men who are at high risk for fracture receiving certain treatments for prostate cancer
  that has not spread to other parts of the body
- Treat bone loss in women who are at high risk for fracture receiving certain treatments for breast cancer that has not spread to other parts of the body
- Treat osteoporosis in men and women who will be taking corticosteroid medicines (such as prednisone) for at least 6 months and are at high risk of fracture

## What is the serious risk of Prolia®?

Patients with advanced chronic kidney disease, including dialysis-dependent patients, are at risk of severe hypocalcemia (low calcium levels in your blood) following Prolia® administration.

Most people with low blood calcium levels do not have symptoms, but some people may have symptoms which include:

- Spasms, twitches, or cramps in your muscles
- Numbness or tingling in your fingers, toes, or around your mouth

Call your doctor right away if you think you may be having any of these symptoms.

## What to expect before and during Prolia® treatment:

- Talk to your doctor before starting Prolia®.
- If you have low blood calcium before you start receiving Prolia®, it may get worse during treatment.
- Your low blood calcium must be treated before you receive Prolia®.
- Your doctor may prescribe calcium and vitamin D to help prevent low calcium levels in your blood while you take Prolia<sup>®</sup>. Take calcium and vitamin D as your doctor tells you to.
- If you have advanced chronic kidney disease (may or may not be on kidney dialysis), Prolia® may increase your risk for severe low calcium levels in your blood, leading to hospitalization, life-threatening events, and death.
- A mineral and bone disorder associated with kidney disease called chronic kidney disease-mineral bone disorder (CKD-MBD) may increase your risk for severe low calcium levels in blood. Before you start Prolia® and during treatment, your doctor may need to do certain blood tests to check for CKD-MBD.

If you have advanced chronic kidney disease, your doctor may coordinate your Prolia® treatment with a healthcare provider with expertise in CKD-MBD.

